

## PARISH MINISTRY COMMITTEE

### Report to Congregation Council

December 2009

***MISSION:** “As members of Parish Ministry we act in Christian love and witness in faith in Christ as we continually strive to serve the physical, emotional and spiritual needs of Trinity members. We welcome all who express a willingness to learn and help in any of these ministries.”*

### HEALTH MINISTRY

We welcome Yvonne Glass to the committee. Yvonne will be in charge of our **First Aid Boxes** placed around the church; the first and second floor education wing hallways, ushers closet, kitchen and office. She will make sure they are updated with appropriate supplies and then check them regularly for replacements or removal of outdated items.

The **Blood Pressure Screening** total for the year was 295, surpassing 287 for last year.

“Coping with the Holidays” (Christmas, Hanukah) will be the title of our **Alzheimer’s Support Group** this month. The holidays can be a challenging and trying time for those who are caring for a loved one with memory loss. We will talk about reliving happy memories and to use the time as a chance to start new, simpler traditions that our loved one can participate in and how to recognize and deal with post-holiday let-down.

The **Blood Bank** has been successful once again this year. A group of members donate each of the three times the Central PA Blood Bank visits Trinity. Many donate every eight weeks in addition.

**Grief Support:** This small support group for people who have lost a spouse meets Sunday morning during Sunday school hour on an as-needed basis. The group finds it valuable to them and wants to continue. Facilitators are Elizabeth Winters and Lois Tress.

The **CD Ministry** will be starting in January. We now have six people ready to go as duplicators. The primary purpose of this ministry is to support those members at-home or in nursing homes. However, any Trinity member may ask us to duplicate a Sunday service on an as needed basis.

**The Giving Tree:** We thank all for their response of gift cards in support of Trinity members in need.

**Donna V. Sprowls, Chair, Parish Ministry**