

PARISH MINISTRY COMMITTEE

Report to Congregation Council

June 2010

MISSION: *“As members of Parish Ministry we act in Christian love and witness in faith in Christ as we continually strive to serve the physical, emotional and spiritual needs of Trinity members. We welcome all who express a willingness to learn and help in any of these ministries.”*

CD Ministry The CDs have been moved to the desk area in the Library. CDs of the May Bible Study sessions were also made and are available. Members have been borrowing them!!

Trinity Cares This ministry was divided to serve in four different areas. We have not been receiving requests for errands or companion sitting. We do receive requests for transportation and occasionally for meals. Judy Collins is also contacted for requests and works with the coordinators of these services. In discussion with Judy we decided to focus for now on the transportation and meal ministries. A reminder about and invitation to use these two ministries was included in the June issue of *Trinity Parish*.

Meal Ministry One meal/reception was hosted in May.

HEALTH MINISTRY

Alzheimer’s Support Group I am always on the lookout for good programs for the group members to attend in addition to what is offered at group sessions. On June 3 we traveled to Garden Spot Village in New Holland for a day long conference on “Behavioral Aspects of Dementia” presented by Teepa Snow, MS, OTR/L, FAOTA. Snow has her own practice as a dementia care and dementia education specialist and takes clinical appointments at Duke University and UNC-Chapel Hill Schools of Nursing. She has over 28 years of experience in geriatrics. Those in attendance learned more about “Understanding symptoms and behaviors”, including studying brain changes and “Coping with challenging behaviors and problem solving strategies” which we discuss at group. Other topics were “How life long personality traits and preferences affect behavior” and “Managing behaviors start with ourselves”. In these two sessions participants had an opportunity to learn how to focus on themselves and their personality traits and that to manage behaviors you must start with yourself. The entire day was hands-on learning and practicing skills with a partner.

Donna V. Sprowls
Chair, Parish Ministry