# Trinity Lutheran Church, Camp Hill response to Flu/COVID-19

We care for the Body of Christ by first taking care of our own body. If you are sick, do not worsen your illness by trying to get to church, and do not put others at risk of catching your illness. If your children are sick, please keep them home from worship, faith formation, or youth group meetings.

For our worship life together for the immediate future we recommend...

### When greeting people-

If you have come in direct contact with someone who has been sneezing or coughing, avoid touching your eyes, nose, or mouth with your hands until you can wash them.

#### During the Passing of Peace-

Instead of the traditional handshake or hug consider making eye contact, slightly bowing your head, or offering a friendly wave as a good substitute. Respect should be given to individuals who refrain from sharing a handshake.

## Holy Communion-

Those who serve in worship leadership; acolytes, assisting ministers, communion assistants, altar care, and pastors are to wash their hands and/or use hand sanitizers before and after their duties.

Due to the antiseptic qualities of regular wine we recommend returning to using wine that has not been dealcoholized. The crucified and risen Christ is present in, with and under both elements of holy communion. Worshippers receive the full communion in only one element (bread/wine). Those who choose to receive in only one kind (bread/wine) for whatever reason, receive the full benefits of the eucharist.

### Prayer-

As the Body of Christ we pray for healing mercies for those affected by illness and will continue to minister to the sick and hospitalized as Jesus taught and modeled for us.

Your servant in Christ,

The Pastors and Congregation Council of Trinity Lutheran Church