

"Happy Feet"

2 Samuel 6:1-5, 12b-19

July 15, 2018

by Rebecca Enney

Here is Uncle Floyd and Francis and Barabas and Gator! They are getting ready for a long-anticipated canoe trip up in the Adirondack in New York state! And Frank Heffelfinger, out in CA, Barabas's father, is coming too! He will fly directly from LAX and meet them in New York tomorrow afternoon. Exciting times!!!

And, in the middle of all the excitement, Uncle Floyd got a case of "Happy Feet"! I think some of you may know what "Happy Feet" are. It happens to some of us more than to others. It can happen to youngsters and grandparents.



Happy Feet is something that happens to your feet when they start dancing. Often it happens when there is music, but not always. Why, I have seen it happen to some of you when Faith X is playing their beautiful music. I see when your feet have you dancing in the aisles here! It happens to me when I go to Zumba class at the Y. And it happened to Uncle Floyd as he was packing the truck!

The best part of "Happy Feet" is that it is often contagious! Before long, Gator and Barabas had "Happy Feet" and then it finally even spread to Francis! In fact, at this very moment it was also happening to Frank, way out in CA!

Dancing and dancing because of all the good things God has given us! Uncle Floyd is so happy to be going on this canoe trip with all five of the Heffelfingers together.

"Happy Feet" also happened to King David in our Bible lesson this morning. King David was so moved by the excitement of finally bringing the Ark of the Covenant, a highly important part of how God was worshiped, into Jerusalem and David's "Happy Feet" were so contagious that, do you know how many people were leaping and dancing and rejoicing and playing instruments like drums and harps and tambourines and castanets and cymbals in the city streets!? 30,000. I kid you not! 30,000 people were leaping and dancing and rejoicing in the streets!

Now, just in case you may feel left out 'cause you have never had "Happy Feet", there are related conditions known as "Tapping Toes" and "Clapping Hands"! Even "Bobbing Heads". In extreme cases you may develop all four conditions at the same time!

Thank you, God for the rush of fun and excitement you send when we open our hearts to praise and worship you for the GOODNESS you send into our world!!!

THE END