

# Story of My Life

## WEEK 1: CHASING HAPPY



### BOTTOM LINE

**JESUS CAME TO GIVE US A BETTER STORY, NOT A HAPPY STORY.**

**“The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.”**

**JOHN 10:10 NIV**

### DISCUSSION QUESTIONS

These questions are a guide to get the conversation started in your group—don't feel like you need to ask everything you see here! As long as you're having a conversation, you're on the right track. Also, feel free to adjust the questions for the needs of your specific group.

- 1. WHAT WAS YOUR FAVORITE STORY (BOOK, MOVIE, TV SHOW) AS A KID? WHAT DID YOU LIKE ABOUT IT?**
- 2. TODAY WE TALKED ABOUT HOW EVERYONE IS LIVING A STORY. WHAT DO YOU THINK MOST PEOPLE WANT WHEN IT COMES TO THEIR LIFE STORY?**
- 3. WHEN WAS THE LAST TIME YOU SAID, “I’D BE SO HAPPY IF \_\_\_\_\_?” DID YOU GET WHAT YOU WANTED?**
- 4. IN WHAT WAYS HAVE YOU SEEN PEOPLE CHASE HAPPINESS ONLY TO BECOME LESS HAPPY?**
- 5. JESUS SAID, “I HAVE COME THAT THEY MAY HAVE LIFE, AND HAVE IT TO THE FULL.” WHAT DO YOU THINK HE MEANT BY THAT?**
- 6. IN YOUR OPINION, COULD FOLLOWING JESUS LEAD TO UNHAPPINESS?**
- 7. IF JESUS OFFERS YOU A BETTER STORY, WHAT CAN YOU DO THIS WEEK TO BEGIN LIVING THAT STORY (AT WORK, WITH YOUR SPOUSE, WITH YOUR FAMILY)?**