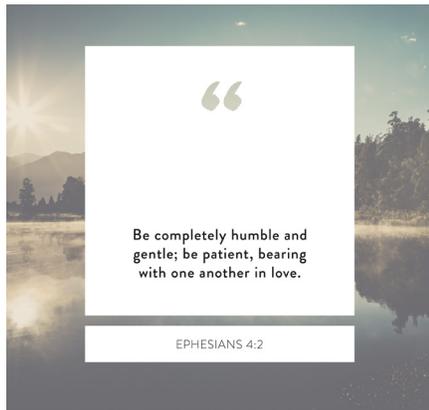


Daily Scripture Images & Devotions



WEEK 5

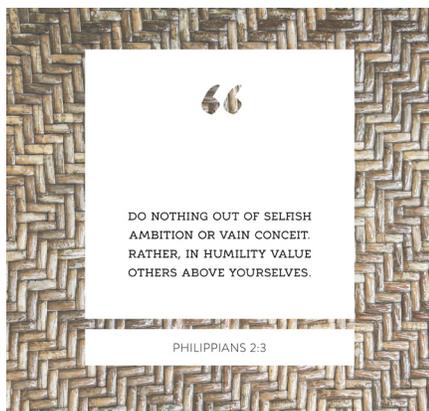
DAY 1:



There will inevitably be times in marriage where things aren't perfect. The honeymoon doesn't last forever, and if you've been married longer than a month you've likely had some "the honeymoon is definitely over" moments. This verse is a great reminder during those more challenging moments—not only in marriage, but in all relationships. We can show love to one another through humility, gentleness, and patience. What does humility look like in your marriage? How does gentleness apply to your relationships? What can you do to be more patient with others? By looking at each of these virtues individually, we'll begin to see how they all tie together. For instance, by being patient, we are in effect being gentle, and

vice versa. Is there a recurring situation where you're consistently making short and cutting remarks to your spouse? The next time that situation arises, recall this verse. You'll never regret being humble, gentle, and patient with your spouse.

DAY 2:



What does it look like for you to value others above yourself? The abstract idea of humility may make sense intellectually, but it's not always easy to implement practically. What's more, this verse is not really referring to a one-time action, but to a continual mindset. But how do you keep this mindset active? It may feel like an impossible task, but the good news is that God wants to help us. Jesus was the perfect example of what it looks like to humbly value others above yourself. And while we can never achieve Jesus' level of humility, we can ask for His help as we try. Today, pray that God would give you eyes to see others with the same value that He sees them. Ask Him to show you moments where you can practice valuing others through what you say and what you do. And finally, pray for the courage to follow through in those moments with words and actions.

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DAY 3:



Are you the type of person who plans out each and every step you take during a day? Or are you the type of person who is completely spontaneous and never plans anything? Either way, this verse applies to you. When we commit ourselves to God, He establishes our plans. This is great for the planners because we can rest assured that God is in control. And this is great for the non-planners because hey, we actually have a plan now! Today, try committing your marriage to God. In other words, invite God into whatever's going on in your marriage. Whether your marriage is on the right track, the wrong track, or not on a track at all, give it all to Him.

Committing your marriage to God means acknowledging which areas are going well, which areas need some work, and which areas are in dire need of a Savior. Today, commit your marriage to God by praying through all that's going on in your relationship with your spouse. Then ask God to show you the next step you need to take toward becoming a better *US*.

DAY 4:



God wants nothing more than for your marriage to be full of joy and rejoicing. And though we've all experienced difficulties in our marriages, God doesn't want those challenging seasons to last forever. His desire for marriage is that we would marry, commit our lives to our spouse, and rejoice "in the [spouse] of your youth." As we wrap up this series on marriage, thank God for your spouse. What a blessing it is that God gave you someone to love, do life with, and rejoice in for a lifetime. Today, practice rejoicing in your spouse by writing them a short note and then leaving it somewhere they'll find it.

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WEEK 5

DAY 5:



Humility is a foundational part of living life the way Jesus would. Jesus exemplified the ultimate humility with His life, death, and resurrection, and He has challenged His followers to live with the same level of humility today. Take a moment to think about all we've talked about in this series on marriage. How much of what we learned and discussed revolved around this idea of humility? What would your marriage look like if you strived to be more humble? Today, write this verse down on a piece of scrap paper and carry it around in your pocket. As you go about your day, let that piece of paper remind you to look for ways to humbly put your spouse first. Humility can be difficult to practice regularly, but small exercises like

this can go a long way in helping us adopt this mindset. Humility can be a game changer in a marriage, something that completely changes a marriage for the better. If you're ready to become your best *US*, practice humility. You'll be glad you did, your spouse will be glad you did, and God will be proud you did.