

Guard Your Inner Circle

Think about the qualities you want in friends—not just what you *can* get, but what you'd really prefer—and write them down in the top half of each circle.

Now, think about the people you hang out with. Write their names where they currently fall in your circles.

1 Do the people in your best friends circle align with the traits you wrote down in that same circle?

2 Who do you need to move around in your circles to make sure YOUR inner circle is the BEST inner circle for you?

