

# Daily Devotionals

FOR AN  
**everyday faith.**

GET OUT OF MY MIND / WEEK 1

HIGH SCHOOL

*Take hold of my instructions; don't let them go. Guard them, for they are the key to life.*

PROVERBS 4:13 NLT

## DAY 1

Instructions are given as a guide—a way to show us how to use something or what next steps to take. Through the Bible, God left us His message—a set of instructions—on how we're supposed to live. Instead of trying to figure out life on our own, we can turn to God's Word to help guide us toward the next step. **This week, ask your Small Group Leader to share a few Bible verses with you that helped to guide them toward following God's plan for their lives.**

*No power in the sky above or in the earth below- indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.*

ROMANS 8:39 NLT

## DAY 2

Have you ever gotten lost? Whether it was in a store as a kid or trying to find your way around a new school, feeling lost and alone is a scary feeling for most of us. Being separated from the people and places we find familiar reminds us of how much we seek real connection. The good news is that when we have a relationship with Jesus, we can be sure that because of Him, we'll never be lost or left alone. We have access to a God who loves us and will never leave us. **Take time to pray and thank God that because of Jesus, you'll never be lost.**

*Search for the Lord and for his strength; continually seek him.*

PSALM 105:4 NLT

## DAY 3

The purpose of a scavenger hunt is to go looking for a treasure or object. To find it, you can't just stand in one place. You have to get out there! The same can be true in your relationship with God. While God is never far or hiding from you, sometimes you have to open your eyes in order to see Him working in the world. The people in your life, the things you see in nature, the things you've been provided with—those are all evidence of God at work in your life. This week, **take a moment to stop and look for God at work in your life. You'll be surprised at how much of His love you see when you begin to look for it.**

<p><i>Dear brothers and sisters, if another believer is overcome by some sin, you who are godly should gently and humbly help that person back onto the right path. And be careful not to fall into the same temptation yourself</i></p> <p>GALATIANS 6:1 NLT</p>	<p>DAY 4</p> <p>Have you ever come upon a roadblock or detour while in the car? It's usually a sign that something unsafe is ahead, and you need to take a different route. If you keep going on that same road, it won't end well. While God doesn't use actual roadblocks in our lives, God has placed people in our lives to help steer us away from the paths that are dangerous for us—the paths that may lead us to hurt ourselves or others—or sin. Our friends, our Small Group Leaders, our siblings, and even our parents can all act as help to encourage us away from giving into temptation and toward God's plan. <b>Who is the person like that in your life? This week, thank them for helping you stay on the right path.</b></p>
<p><i>Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak.</i></p> <p>MARK 14:38 NIV</p>	<p>DAY 5</p> <p>It's difficult to say no to temptation when we're on our own. We've all faced temptation. And we all probably will again! But here's the good news: We weren't meant to face it on our own. In fact, God has given us exactly what we need to resist temptation. He's given us His strength, love, and forgiveness. <b>Commit this verse to memory this week. And when you find yourself facing temptation, pray this verse aloud as a reminder of God's strength to help you resist.</b></p>
<p><i>But thanks be to God! He gives us the victory through our Lord Jesus Christ.</i></p> <p>1 CORINTHIANS 15:57 NIV</p>	<p>DAY 6</p> <p><b>Written by Chloe, age 18, from Taylorsville, Georgia, USA</b></p> <p>Temptation is something everyone struggles with. It could be as simple as scrolling TikTok when you are supposed to be asleep, or maybe going to a party that you know will have alcohol at it, but you still want to go even though it could lead to unwise decisions. There are so many examples of temptation, but when we step away from them and we focus on God and the things He has in store for us, that's when we find the victory that is talked about in 1 Corinthians 15:57.</p> <p>I have found this to be true when I have faced temptation. I have struggled with being invited to a party and wondering if there was going to be alcohol or other things that I know I shouldn't take part in, but in the back of my mind, I still wanted to go and hang out with my friends. I'll be honest. It can be hard to say no to things that tempt us, especially when everyone around us is enjoying themselves. But, by practicing self-control, I find an even bigger reward. When I spend time with my family or my friends at church instead, I don't have to worry about making those hard decisions. The temptation is still there, but by asking God for the strength to say no, we are able to find that victory and we will be able to thank Him later for the good things He gives.</p>

*Create in me a clean heart, O God.  
Renew a loyal spirit within me.*

PSALM 51:10 NLT

## DAY 7

Memorizing Scripture keeps us focused on what God says is best for our lives. Try committing this verse to memory by writing it on a sticky note and posting it on your bathroom mirror. Say this verse before or after your daily routine.