

# Daily Devotionals

FOR AN  
**everyday faith.**

## GET OUT OF MY MIND / WEEK 3

HIGH SCHOOL

*So don't be misled, my dear brothers and sisters. Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow.*

JAMES 1:16-17 NLT

### DAY 1

Sometimes we get so used to experiencing bad and imperfect things that when a good thing comes along, we find ourselves saying "That's suspicious... that's weird." Instead of enjoying ourselves, we worry and wait for something to go wrong. In this verse we're reminded that not only is God for us, giving us good and perfect gifts, but that he can be trusted. If he was intentional enough to create the sun, the moon, and the stars for us, we can trust he will not change and he is not out to play "shifting shadow" tricks on us. **How will you remind yourself this week that God is good and He can be trusted?**

*There he told them, "Pray that you will not give in to temptation."*

LUKE 22:40 NLT

### DAY 2

Temptation can be really stressful. Part of us wants to give in. Part of us doesn't. And sometimes just giving in feels like a relief. Being tempted isn't bad and we're reminded of that when Jesus himself tells us exactly what to do. When we pray, we invite God into the situation and begin to rely not only on our own strength and logic, but also on the trust we can have in a God who created us. **Today when you pray, strengthen your ability to resist temptation by naming your temptation and bringing it out in the open. God loves you no matter what and is ready to help.**

*But you belong to God, my dear children. You have already won a victory over those people, because the Spirit who lives in you is greater than the spirit who lives in the world.*

1 JOHN 4:4 NLT

### DAY 3

"Those people." A triggering phrase in the midst of a culture that is divided. But don't ignore it, don't assume who "those people" is referring to in this verse. It may not be who you think. The writer is helping all believers out as he reminds us that there are "those people" who ignore the truth about who Jesus is while claiming to be spiritual leaders, worthy of our trust. In other words, there are those people who attempt to deceive Jesus-followers, tempting them away from Jesus' best plan for our lives. But thank God that He gives us an awareness of them through His Spirit who is wiser, greater, and more trustworthy than the people who try to deceive us. **We can celebrate the fact that we can see the difference between what is true and what is not and we can pray for "those people" to see it too.**

<p><i>For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world.</i></p> <p>1 JOHN 2:16 NLT</p>	<p>DAY 4</p> <p>We can trust that God wants a better life for us than we want for ourselves. That’s not the easiest thing to believe, especially in light of an invisible God who “seems” out of touch with culture. It’s human nature to desire the things we can see and the things that give us popularity and importance on earth, and there is nothing wrong with that. However, when the temporary treasures—the cool, the beautiful, the trending, the fame—are the things we desire more than anything else, we risk falling victim to our greatest temptations. The things that are from God last forever and are worth pursuing with even more energy than the things we pursue on earth. <b>Talk to your Small Group Leader about the areas in your life you can reprioritize to put more focus on the things that matter to God.</b></p>
<p><i>Give us each day the food we need, and forgive us our sins, as we forgive those who sin against us. And don’t let us yield to temptation.</i></p> <p>LUKE 11:3-4 NLT</p>	<p>DAY 5</p> <p>One of the most quoted and well-known passages of the Bible might also be one of the most misunderstood. Some call it the “Our Father.” Here, Jesus gives this prayer to Jesus followers as an example of how to pray. At the heart of his prayer is an invitation that, when we’re not careful, is easy to respond to with “nah, I’m good on that Jesus.” This prayer invites us to live a life of moment-by-moment reliance on God, not ourselves. As we trust God to provide for our physical needs, we also acknowledge our need for his presence in our relationships with others, and in the internal challenges we face with ourselves.</p>
<p><i>When I said, “My foot is slipping,” your unfailing love, LORD, supported me.</i></p> <p>PSALM 94:18 NIV</p>	<p>DAY 6</p> <p><b>Written by Kaylee, age 18, from Rochelle, Illinois, USA</b></p> <p>Temptation is something that stalks all of us daily. I find myself being tempted all the time by both the big and little stuff. Many times, it’s related to wanting to make or keep friendships. A friend will say “Hey Kaylee, I found this great movie; we should watch it!” I know what happens in the movie. I know I really shouldn’t sit down and watch it, but I want to because I want to be friends with that person. As I have gotten older and have made and lost friends, the reality is that God is really the only friend that will be there for me 24/7/365. So, when that particular temptation rolls around, I have to first tell myself, no, and then I need to have the courage to speak up. Temptation is hard to overcome because we aren’t usually tempted by things that we don’t need or care about; we are tempted by the things we want most, like being close to others or being loved. God knows this and wants to support us! <b>He will support us during those moments when we know we shouldn’t do something. When you are slipping, call out, because I know the Lord will catch you.</b></p>

*Create in me a clean heart, O God.  
Renew a loyal spirit within me.*

PSALM 51:10 NLT

## DAY 7

Use the Bible app and look up this verse in 3 different translations. Choose one, and then write down the verse 3 times to try to memorize it.