



Little Bible Heroes: Jonah

Listen to our story and then share these activities with your children!

Big and Small Scavenger Hunt

Jonah was little in comparison with the big fish that swallowed him. Go on a scavenger hunt in your house for items that are small like Jonah. Then hunt again for items that are big like the whale. Want to try this activity another way? Have a parent or caregiver collect a pile of items. Sort the items into two categories for big and small.

Whale of a Fort

It would have been dark for Jonah inside the belly of the whale. Build a fort with blankets and pillows. Pretend you are inside the whale like Jonah! Say a prayer to God thanking Him for watching over you.

Stormy Seas

When Jonah went out to sea, his boat got caught in a storm. Fill a container or sink with water. Put an item that floats on the water. Using a straw, blow at the water to create storm waves. Did your item stay afloat in the storm?

Snack Time

Grab a handful of goldfish. Since Jonah was in the belly of a big fish for 3 days, sort your goldfish into groups of three. How many groups of 3 do you have? Then try again. Can you take all of the goldfish and sort them into 3 equal groups? How many are in each group?

Discuss with your kids:

1. At first Jonah chose not to obey God. What does it mean to obey?
2. How can you obey your parents or caregivers?
3. God protected Jonah from harm. Can you think of ways God protects and cares for you?