

Welcome to Trinity Lutheran Church

717-737-8635 • www.trinitycamphill.org

The Benefits of Music

- ▶ Music can reduce stress, by reducing the production of cortisol and increasing the release of stress reducing neurotransmitters. It can also reduce stress by reducing a patient's sense of isolation and helping them reconnect with positive places within themselves.
- ▶ Music can help healthy circulation by reducing blood pressure and stabilizing the heart rate.
- ▶ Music can strengthen the immune system by triggering the production of gamma globulin A and killer cells.
- ▶ Music can help improve mood by increasing the production of dopamine, serotonin and endorphins.
- ▶ Music can help patients manage pain better than medication alone.

Beyond these general benefits, music has been shown to have benefits for specific hospital patients:

- ▶ In a neonatal ward, music can give a newborn a soothing first experience of sound, replacing the beeping of medical machinery.
- ▶ In a COVID unit, music can help a patient with compromised lungs stabilize erratic respiration.
- ▶ In a cancer ward, music can help a patient cope better with pain.
- ▶ In a waiting room, music can help ease the anxiety of an upcoming procedure.

LET US PRAY: Divine Composer: Thank you for all the blessings you have orchestrated in our lives. Help us to live in harmony with others throughout the day. May we be your instruments, in concert with your will and in tune with your way--trusting we will always have you as our accompaniment. At the end of the day, may we know that we have done our best to put a song in every heart. Amen.

Concerts are funded not by the church's general budget but by the generosity of our Concert Series Patrons, whose names appear in every program. Free-will offerings also help defray expenses.

All concerts are held in the main sanctuary.
The Church is handicapped-accessible with wheelchair facilities.
Audio and Videotaping equipment is prohibited.

If you would like a postcard reminder of upcoming concerts (non-Trinity members only), please fill out the information below and return it to us. To become a patron of the 2021/2022 concert season, please send a check made payable to Trinity Lutheran Church, with Concert Series Patron noted on the memo line. All contributors will be noted alphabetically in the programs. Contributions are tax deductible.

Friends:	\$25 - \$49	Angels:	\$100 - \$249
Cherubs:	\$50 - \$99	Archangels:	\$250 or more

Please print your name(s) below exactly as it (they) should appear in the program listings:

Name _____

Address _____



trinity | camp hill
LUTHERAN CHURCH

2000 Chestnut Street
Camp Hill, PA 17011-5461

ADDRESS SERVICE REQUESTED

"MUSIC ACTS LIKE A MAGIC KEY,
TO WHICH THE MOST TIGHTLY
CLOSED HEARTS OPEN."

- MARIA VON TRAPP

TRINITY Concert Series

2021
2022

2021

- | | | |
|---------------------|---------------|--|
| Sun. Oct. 17 | 3pm | Seraph Brass
Five of the top female brass players in America |
| Sun. Nov. 14 | 3pm | Gabriel Meza
Virtuoso violinist in recital |
| Sat. Dec. 4 | 7:30pm | Harrisburg Singers
"Holiday!" |
| Sun. Dec. 12 | 3pm | Christmas at Trinity
Annual Christmas concert with choirs, bells and orchestra |

2022

- | | | |
|---------------------|---------------|---|
| Sat. Feb. 19 | 9:30am | Childrens' Concert
West Shore Symphony Orchestra |
| Sun. Feb. 20 | 3pm | WSSO/CAMA Concert
West Shore Symphony Orchestra, Capital Area Music Association, and soloists |
| Sat. May 14 | 7:30pm | Choral Festival
200-voice choir; Mack Wilberg, conductor |

Sunday, 10.17.21 | 3:00 pm
SERAPH BRASS



Seraph Brass is a dynamic brass quintet drawing from a roster of America's top female brass players. Committed to engaging audiences with captivating programming, Seraph Brass presents a diverse repertoire that includes original transcriptions, newly commissioned works, and well-known classics.

"A great blend of fresh sounds and strong musicality."
 —Jose Sibaja, Boston Brass



Free admission.

Sunday, 11.14.21 | 3:00 pm
GABRIEL MEZA

Please join violinist Gabriel Meza and pianist Dr. Jaime Namminga for an exciting program of sonatas and brilliant concert works! This program features Ludwig van Beethoven's famous Kreutzer Sonata, the Sonata in C Minor by Edvard Grieg, the hauntingly beautiful Poeme by Ernest Chausson, and Maurice Ravel's dazzling showpiece Tzigane! Gabriel is a professional violinist who has performed as a member of several symphony orchestras. Namminga is an Assistant Professor of Music and coordinator of the collaborative piano area at Susquehanna University, and she performs numerous recitals with students, faculty, and guest artists. From Chausson's dreamlike chromaticism to Ravel's scenes of gypsy campfires, come out and be transported by great classical music!



Free admission.

Saturday, 12.4.21 | 7:30 pm
HARRISBURG SINGERS

Celebrate the opening of the holiday season with The Harrisburg Singers' traditional concert of carols. We are thrilled to be performing for you in person again and are looking forward to seeing familiar and new faces in our audience! The Singers will perform several sacred and inspirational selections, opening the concert with "God Gives the Song" by Craig Courtney, which was a meaningful piece for The Singers throughout the pandemic. As always, we will feature a selection of popular secular carols. Don't miss the chance to "sing in" your holiday season with The Harrisburg Singers!



Trinity Concert Series Patrons receive up to 4 free tickets. Non-patrons pay regular ticket prices.



Sunday, 12.12.21
3:00 pm
CHRISTMAS AT TRINITY

Join us for our annual Christmas concert with choirs, bells and full orchestra. Timothy Koch, conductor

Free admission.

Saturday, 2.19.22 | 9:30 am (*NOTE Special Day/Time)
"EVERYONE'S A SINGER"
West Shore Symphony Orchestra

Families won't want to miss this "opportunity" to introduce youngest listeners to the art of singing and storytelling. "Everyone's a Singer" will be an original, scripted "concert drama" written and produced by Jennifer Sacher Wiley, enacted by special guests together with the WSSO. Music will be excerpted from the companion Masterworks Concert, standard great works made accessible for kids.

Free admission.



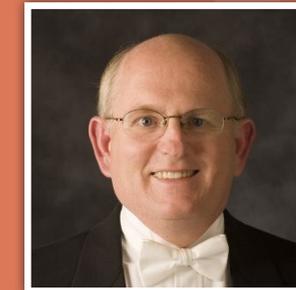
Sunday, 2.20.22 | 3:00 pm
2:15 Pre-Concert Lecture
A "NIGHT" AT THE OPERA

The West Shore Symphony Orchestra, led by Maestro Jennifer Sacher Wiley, will join forces with the Capital Area Music Association, under the direction of Maestro/Tenor soloist Christyan Seay. Other featured soloists will be soprano Yolonda Carey, mezzo-soprano Amy Yovanovich, and baritone Matthew Robinson. The focal point of this program will be a concert version of Scott Joplin's opera Treemonisha. Opera overtures and favorite arias by Mozart, Humperdinck, Wagner, and others will round out this delightful afternoon.

Trinity Concert Series Patrons receive up to 4 free tickets. Non-patrons pay regular ticket prices.



Saturday, 5.14.22 | 7:30 pm
CHORAL FESTIVAL



Join us as we welcome back world-renowned composer/conductor Mack Wilberg to the always memorable American Composers' Choral Festival. Sponsored jointly by The Harrisburg Singers and Trinity Lutheran Church, the 200-voice Festival Choir will include singers from the choirs of local churches, high school choirs, and The Harrisburg Singers.

In addition to performing Mack Wilberg's glorious arrangements of choral favorites, the concert will also feature music from our past guest composers, including K. Lee Scott, Craig Courtney, Mark Hayes, and Central Pennsylvania's own Robert Lau. A highlight of the evening will be the world premiere of a new work by Dr. Wilberg commissioned especially for the Festival, performed by The Harrisburg Singers.

We hope you will plan to join us for what promises to be an unforgettable concert. Tickets are only \$10 and will be available on The Harrisburg Singers' website and in the Trinity Lutheran church office beginning in March 2022. Please plan to get your tickets early because this event will sell out.

Tickets \$10

