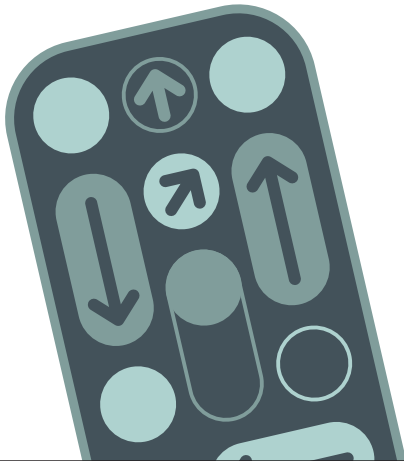


Remote Control: The choice is yours

Self-control is choosing to do what you should even when you don't want to.



MEMORY VERSE

“God’s power has given us everything we need to lead a godly life.”
2 Peter 1:3a, NlrV

Week One

Jesus Is Tempted in the Desert
Luke 4:1-13

Say: Be ready to do the right thing.
Ask: When is it hard to do the right thing?

Week Two

Broken-Down Walls
Proverbs 25:28

Say: When you lose control, it can cause trouble.
Ask: When do you lose control?

Week Three

David Spares Saul’s Life
1 Samuel 24

Say: Don’t be controlled by your anger.
Ask: What makes you angry?

Week Four

Choose Your Words Carefully
Proverbs 12:18

Say: Think before you speak.
Ask: How can words make things better?

Week Five

Too Much of a Good Thing
Proverbs 25:16

Say: Know when to stop.
Ask: How do you know when to stop?



Morning Time

Start your kid’s day off by acknowledging something they’ve been trying to accomplish, and encourage them to keep at it—the finish line may be closer than they think.



Meal Time

At a meal this week, ask: “What is something in the last week (or month) when you made a wise choice?”



Drive Time

While on the go, ask your kid: “It’s a new year. What is something you want to learn, to try, or to do this year?”



Bed Time

Pray for each other: “God, give us wisdom to know what is the right thing to do when we are tempted to do something we know we shouldn’t.”

