

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Journal writing lines for the 'WHAT' section.



Day 1

After watching, write one thing that:

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

1. You liked:

2. You learned:

3. You'd like to know:

Day 2

Read **John 20:19-29**

Do you find it easy or hard to admit when you don't know something? Many of us have a hard time admitting we don't understand.

Thomas can get a bad rap for doubting, but what was really impressive about Thomas was that he wasn't afraid to admit he didn't know something. Thomas didn't know how it was possible for Jesus to come back from the dead, so instead of keeping it to himself, Thomas asked for proof.

And what did Jesus do? He showed up and patiently gave Thomas the proof he was looking for! He held out His hands, and He showed Thomas where the sword had pierced His side.

Jesus' response to Thomas shows us that it's okay to have questions—questions about life, questions about God. We are only human, and we have a lot of questions. But God knows everything! God knows how many stars are in the sky. God knows how many hairs are on your head. God is bigger than all your questions, and He wants you to ask them!



Day 3

The best part about trusting a God who created everything and is all-powerful?

He knows everything! We can go to God and ask Him our questions, we can trust Him with our lives, we can even go to God with our doubts! None of our questions are too much, too tricky, or too complicated for Him.

Today, pray a prayer for thankfulness to God for being someone we can trust with all of our doubts, questions, and concerns.

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“Dear God, thank You for being a God who not only knows everything, but who understands that I have questions and doubts about so much in the world. Thank You for not being bothered by my questions, or being upset when I have doubts like Thomas did. Please help me remember that whenever I have questions, I can turn to you. I am so thankful that nothing is too big or too small to bring to You. Help me to trust You with everything—even my questions. In Jesus' Name, I pray, amen.”

## Day 4

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**Whatever happens, remember God is bigger than your questions.**

Grab a notebook and a pen, and at the top of a page, write “Questions for God.” Start out the list with your own questions for God. Then take the notebook and pen around with you all day and ask everyone you talk to what one or two questions they would have for God if they could ask Him anything. (Be sure and remind them that they can!) Ask anyone you can—whether they trust in God or not. Remember—God is bigger than your questions, but He's also bigger than everyone else's too!

Keep adding to the list throughout the day, and hold on to it for tomorrow's activity.



## Day 5

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**What questions do you have for God?**

If you asked someone, “What plans does God have for my life?” They might answer, “to give you a hope and a future!”

Until suddenly things go wrong in your life. Maybe you don't feel like that answer is true anymore. So, what do you do then?

During those times when the answers don't seem to line up with what is happening in your life, that's when it's most important to remember that God is bigger than your questions. In those moments, we have to trust God, knowing that He's bigger, wiser, and more powerful than anything we're facing.

You may have thought that you were going to find the answers to all those questions you compiled yesterday, but instead, hang that list somewhere you will see them to remind you that God is bigger than your questions. But before you do, write the word HOPE at the bottom.

We can find hope when we remember that God is bigger than our questions.